

Pos	Time	Team						Eng	Sco	Ire	Wal
1st	1:17:09	211 SCO	0:24:24 (1st)	0:22:36 (1st)	0:30:09 (1st)	Matthew Gooch/Ewan Musgrave/Joe Wright			16		
2nd	1:23:29	212 SCO	0:26:11 (3rd)	0:25:30 (2nd)	0:31:48 (4th)	Peter Molloy/Joel Gooch/Felix Wilson			14		
3rd	1:26:06	244 ENG	0:27:08 (4th)	0:26:42 (3rd)	0:32:16 (6th)	Flurry Grierson/Euan Tryner/Stanley Heap		12			
4th	1:26:09	213 SCO	0:24:29 (2nd)	0:29:25 (7th)	0:32:15 (5th)	Loius MacMillan/Finlay Raynor/Alistair Chapman					
5th	1:26:40	243 ENG	0:28:14 (5th)	0:27:57 (5th)	0:30:29 (2nd)	Joe Hudd/Sam Crawshaw/Zac Hudd		10			
6th	1:34:21	242 ENG	0:28:16 (6th)	0:27:50 (4th)	0:38:15 (8th)	Jim Bailey/Ben Squire/Dom Dakin					
n/c	1:38:48	241 ENG	0:31:43 (9th)	0:28:02 (6th)	0:39:03 (9th)	Frank Townley/Max Mobus/Quinlan Silk					
7th	1:40:25	214 SCO	0:30:15 (7th)	0:35:32 (8th)	0:34:38 (7th)	Daniel Campbell/Angus Ivory/Luke Graham					
8th	1:45:55	231 WAL	0:31:51 (11th)	0:43:09 (10th)	0:30:55 (3rd)	Oscar Healy/Freddie Kingsland/Tom Wood					8
9th	2:09:03	221 IRE	0:31:50 (10th)	0:51:07 (11th)	0:46:06 (11th)	Darragh Haare/Daire O'Brien/Aidam McCullough				6	
10th	2:09:09	222 IRE	0:30:16 (8th)	0:52:45 (12th)	0:46:08 (12th)	Liam Cotter/Oliver O'Kane/Dann McDonnell				4	
11th	2:31:50	223 IRE	0:48:44 (13th)	0:55:19 (13th)	0:47:47 (13th)	Peter Reed/Ben Cairns/Cathal Lane					
	mp	232 WAL	0:55:20 (14th)	m15	0:42:22 (10th)	Philip Wood/Willaim Lake/William Thomas					
	mp	224 IRE	0:42:23 (12th)	0:41:05 (9th)	w6	Cuan Riordan/Emmett O'Cleirigh/Joe Bosonnet					
								22	30	10	8 mens team total

Pos	Time	Team						Eng	Sco	Ire	Wal
1st	1:29:29	111 SCO	0:31:10 (1st)	0:22:31 (1st)	0:35:48 (6th)	Megan Keith/Isobel Howard/Kirsty Campbell			16		
2nd	1:31:13	144 ENG	0:33:05 (5th)	0:26:42 (2nd)	0:31:26 (1st)	Evie Conway/Maya Hampshire-Wright/Hannah Hateley		14			
3rd	1:33:58	143 ENG	0:32:50 (2nd)	0:27:04 (3rd)	0:34:04 (4th)	Rachel Duckworth/Imogen Pieten/Lucy Tonge		12			
4th	1:35:10	141 ENG	0:33:00 (4th)	0:27:39 (4th)	0:34:31 (5th)	Caitlin Irvine/Isabel Sunley/Ellie Bales					
5th	1:36:33	112 SCO	0:34:39 (7th)	0:30:02 (7th)	0:31:52 (2nd)	Alice Wilson/Catriona Chapman/Jura MacMillan			10		
6th	1:36:37	113 SCO	0:34:41 (8th)	0:29:30 (6th)	0:32:26 (3rd)	Lizzie Stansfield/Anna Cox/Kat McGougan					
7th	1:40:39	142 ENG	0:33:31 (6th)	0:30:38 (8th)	0:36:30 (7th)	Anna Harris/Emily Turner/Bethany Kippin					
8th	1:48:17	114 SCO	0:32:51 (3rd)	0:32:30 (9th)	0:42:56 (11th)	Rachel Brown/Faith Kenyon/Mairi Weir					
9th	1:55:08	121 IRE	0:41:32 (10th)	0:35:06 (10th)	0:38:30 (8th)	Aoite O'Sullivan/Emily Rowe/Clodagh Morra				8	
10th	2:02:50	131 WAL	0:53:22 (11th)	0:28:37 (5th)	0:40:51 (10th)	Rebecca Ward/Hannah Thomas/Holly Stodgell					6
11th	2:06:31	123 IRE	0:38:41 (9th)	0:38:15 (12th)	0:49:35 (12th)	Clíodhna Donaghy/Zane Kramina/Ciara Siby				4	
12th	2:33:47	122 IRE	1:01:16 (12th)	0:52:36 (14th)	0:39:55 (9th)	Meadow McCouley/Clodagh O'Donnell/Rachel Collins					
13th	2:34:27	132 WAL	1:02:17 (13th)	0:37:32 (11th)	0:54:38 (13th)	Jazmine Silk/Laura Barrett/Ffion Jones					2
		124 IRE	1:02:20 (14th)	0:51:13 (13th)		Jordan Pim/Sinead Young/					
								26	26	12	8 womens team total
								48	56	22	16 relay total